

# Diffusion Models for Self-Supervised Learning: A Deconstructive Journey



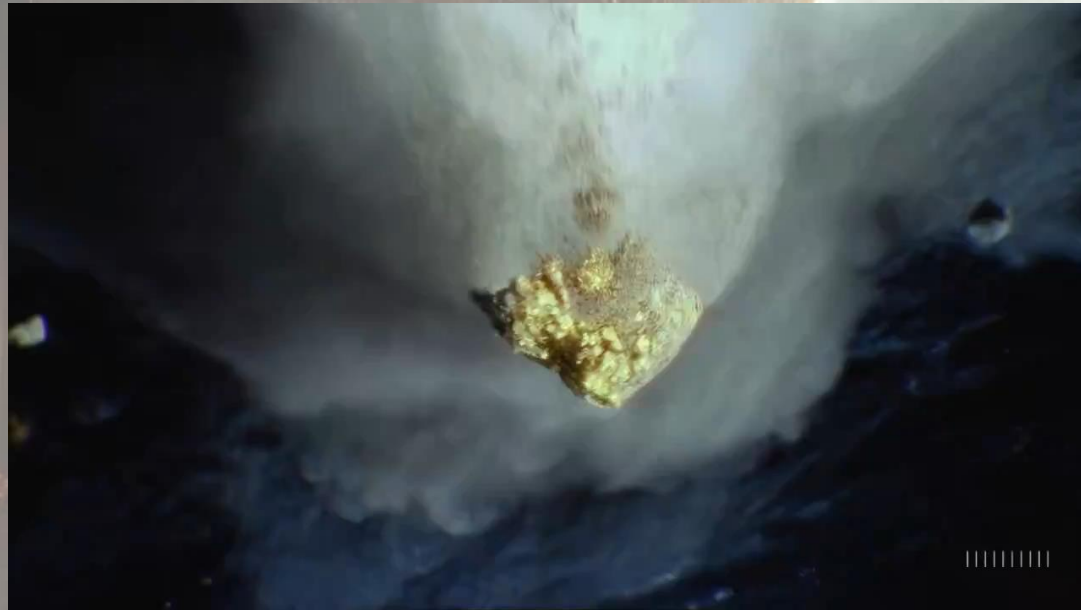
Xinlei Chen

ECCV 2024 Workshop on Self-Supervised Learning – What's Next?

**facebook**

Artificial Intelligence Research

# Diffusion Models for Generation



“An AI-Generated Picture Won an Art Prize. Artists Aren’t Happy.”  
<https://openai.com/sora>

# Impressive *Generation*, but does it *Understand*?

What I cannot create,  
I do not understand

If your goal is to train a world model for  
recognition or planning, using  
pixel-level prediction is a terrible idea



Richard Feynman

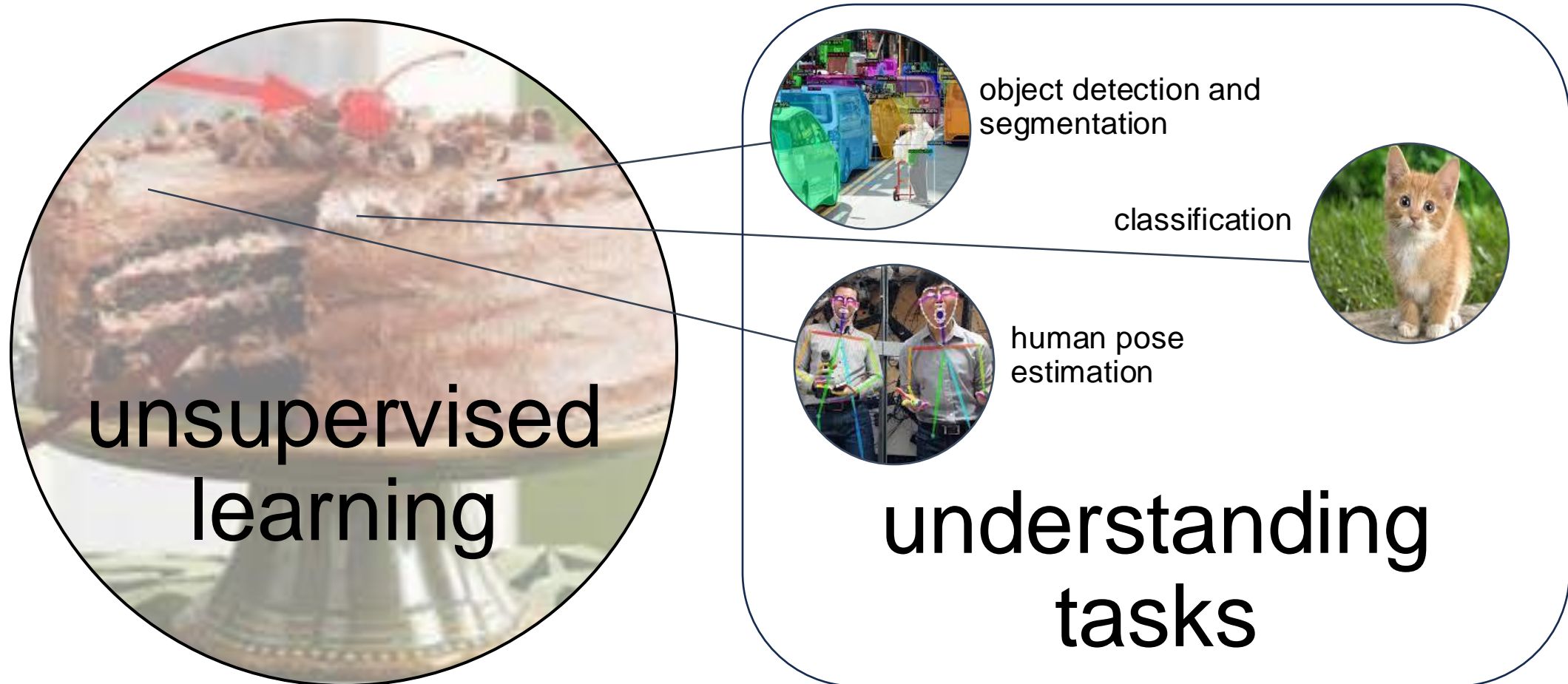
**So, how much do diffusion models  
understand?**



Yann LeCun

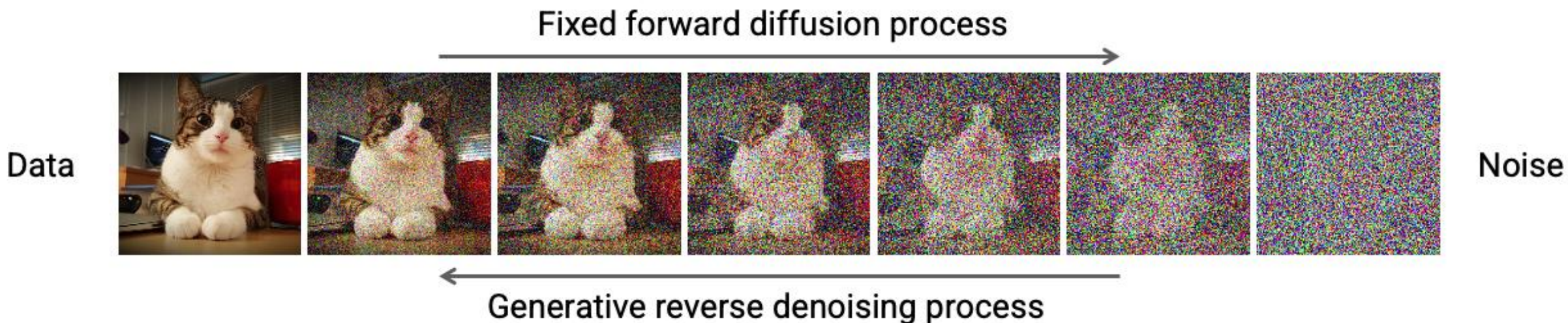
# Self-Supervised Learning (SSL)

- Pre-train representations without human annotated labels

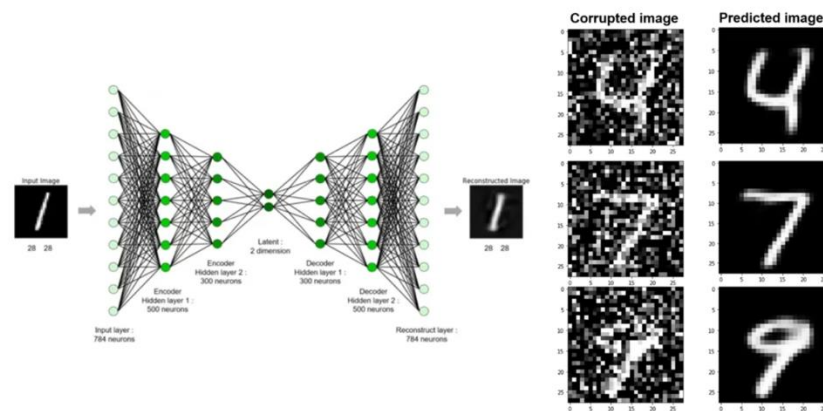




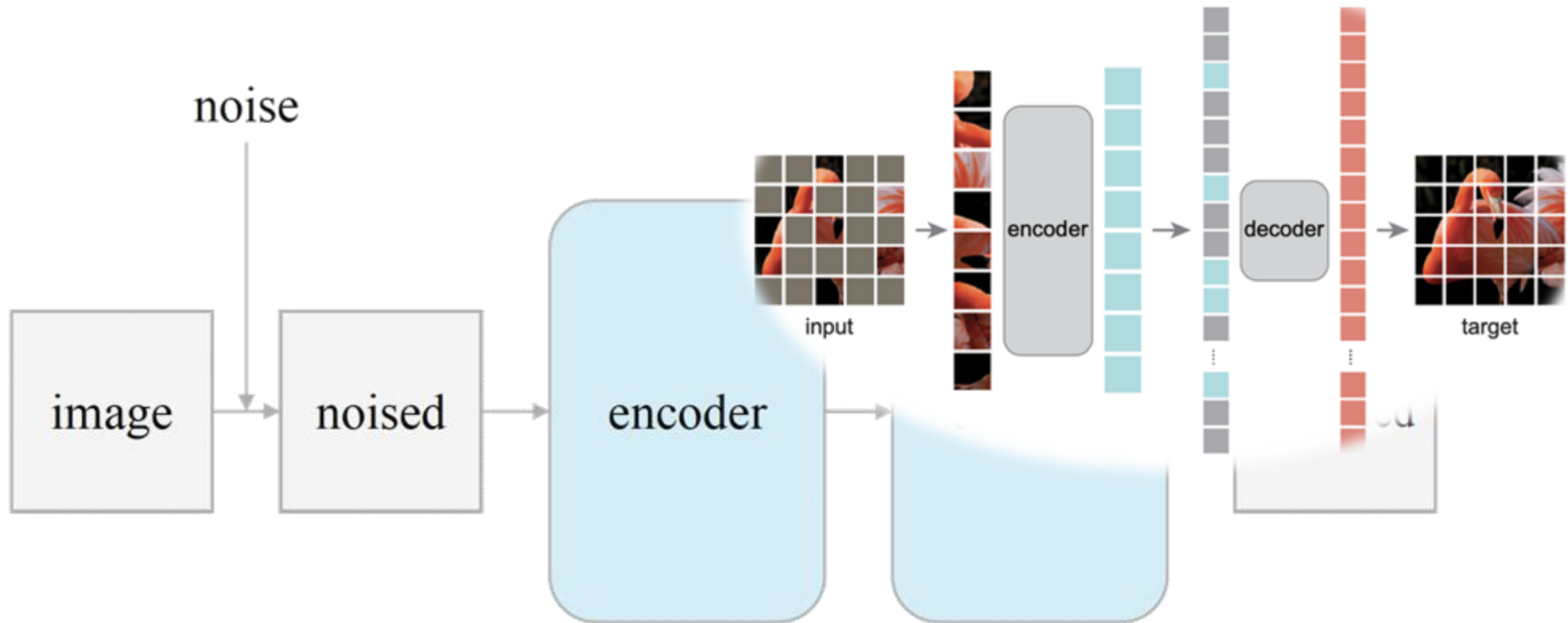
# SSL from Diffusion Models?



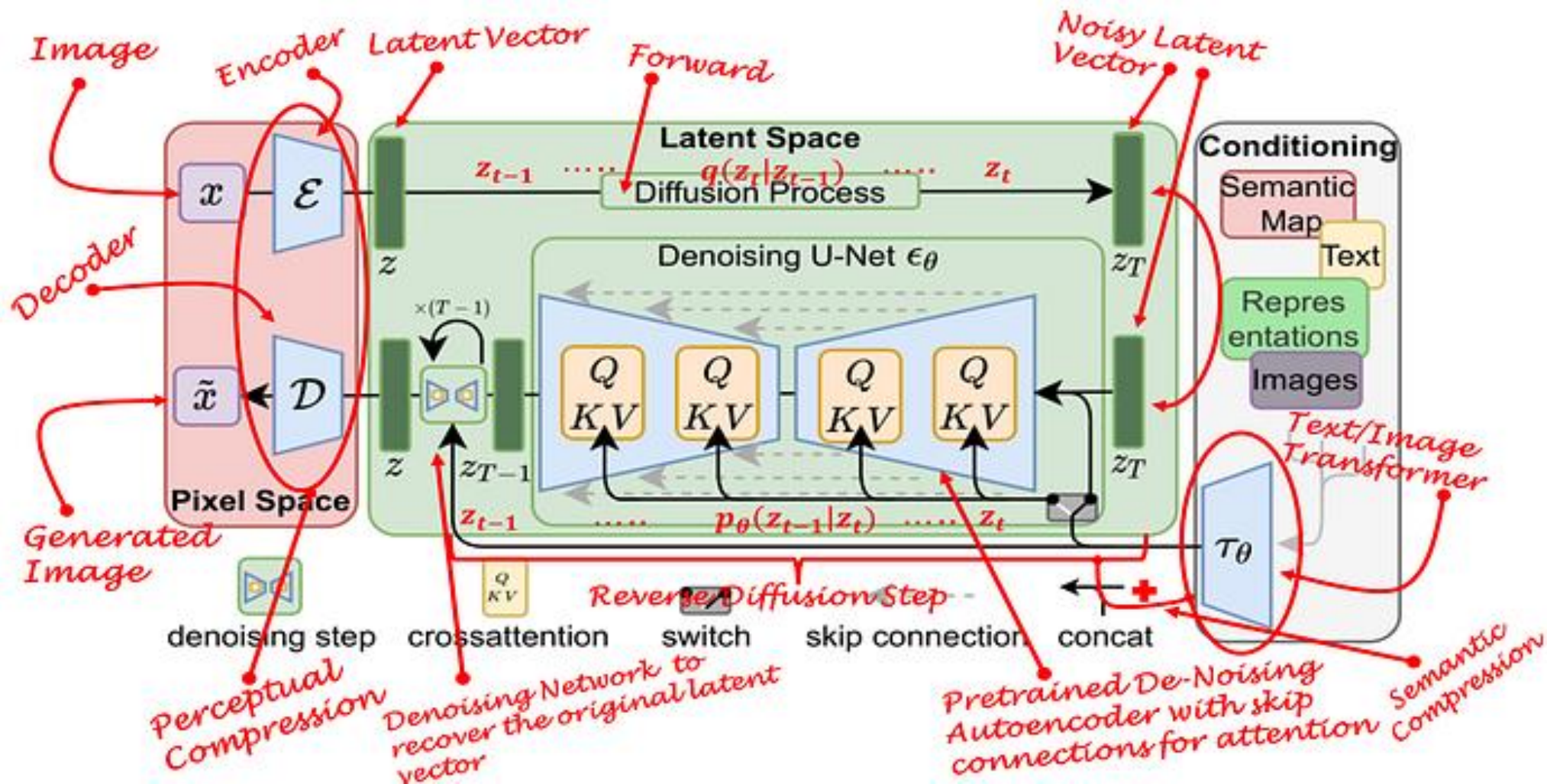
Every time step is essentially a *Denoising Auto-Encoder (DAE)* that does the underlying work



# Classical Denoising Auto-Encoders (DAE)

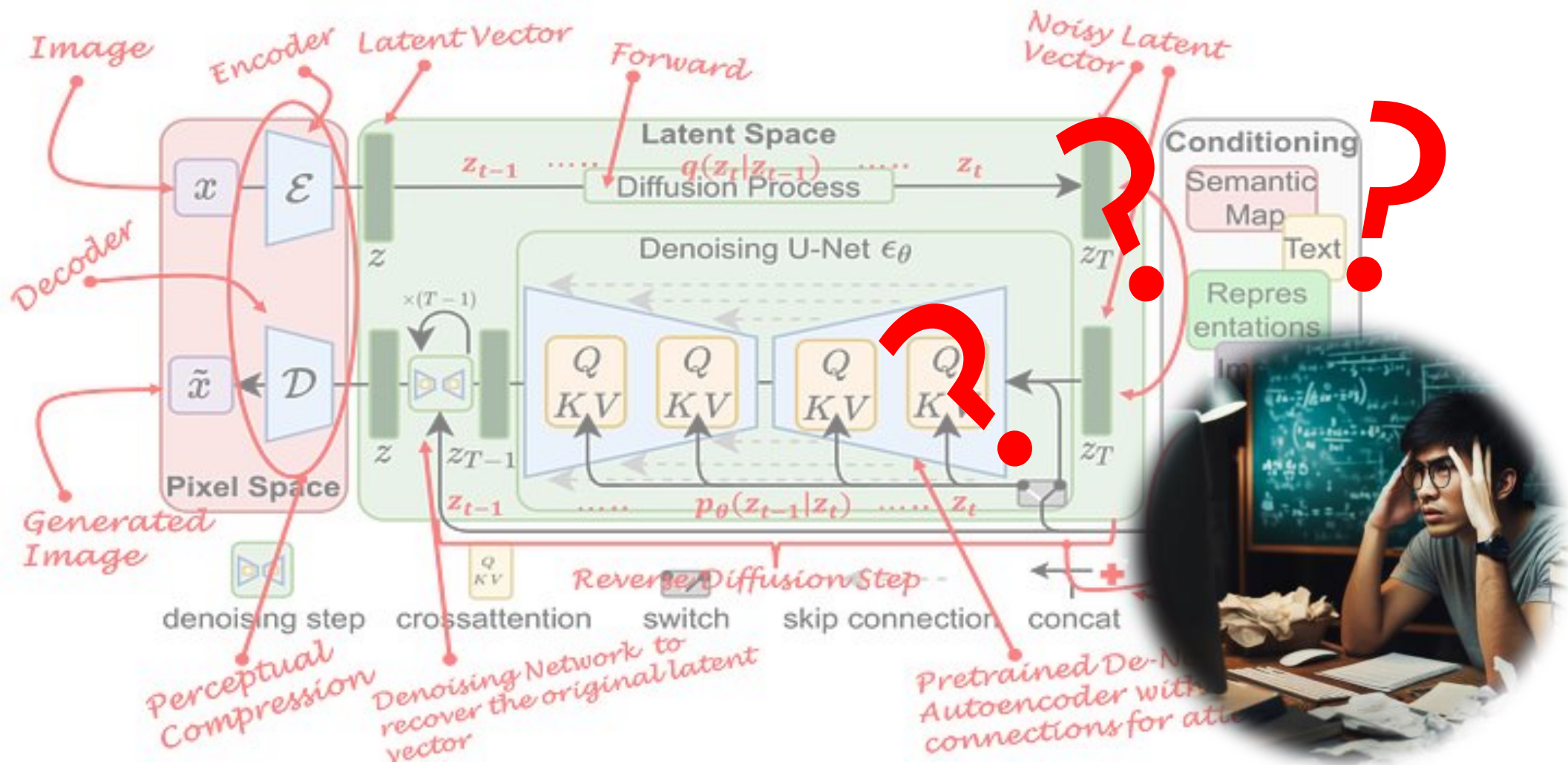


# Modern Denoising Diffusion Models (DDM)



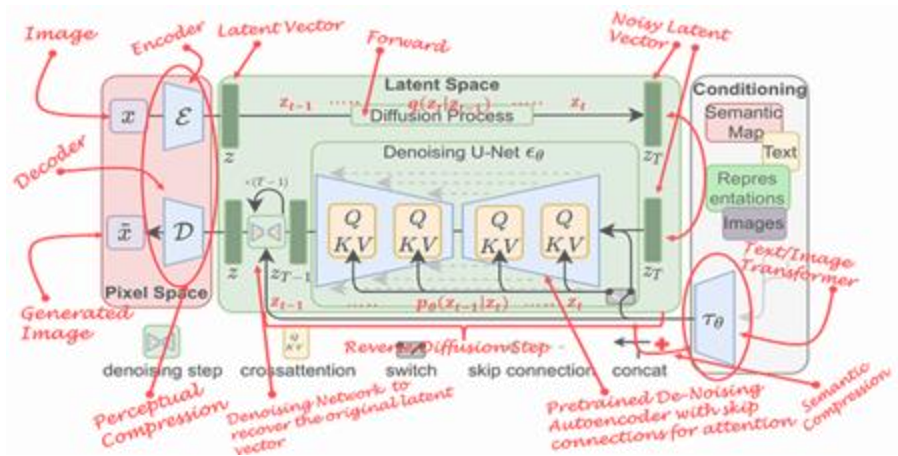


# Modern Denoising Diffusion Models (DDM)

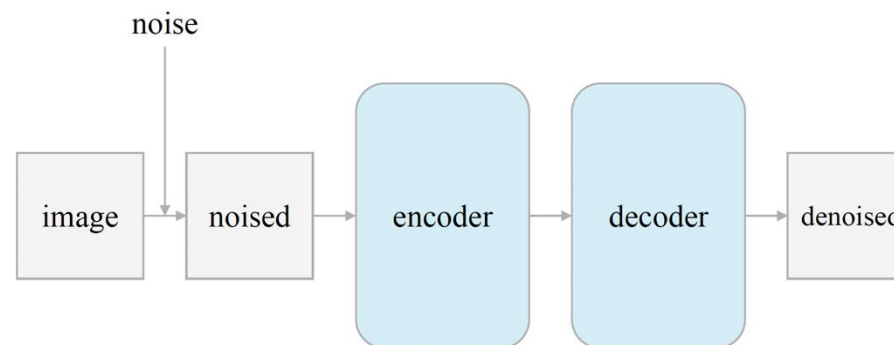




# Goal: Deconstruct DDM toward DAE

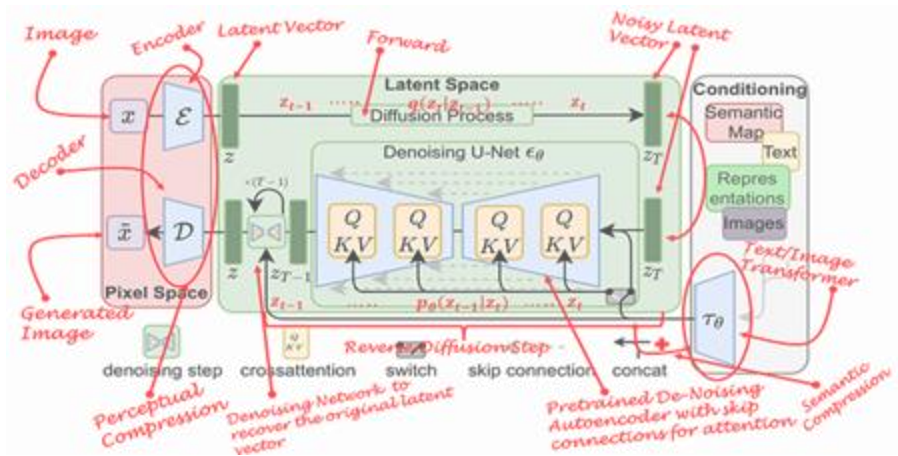


Modern DDM  
for Image Generation

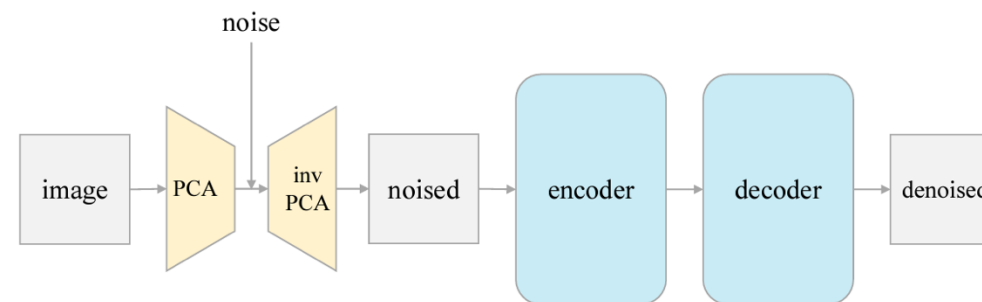


Classical DAE  
for Image Understanding

# L-DAE: Outcome after Deconstruction



Modern DDM  
for Image Generation



*latent*-DAE  
for Image Understanding

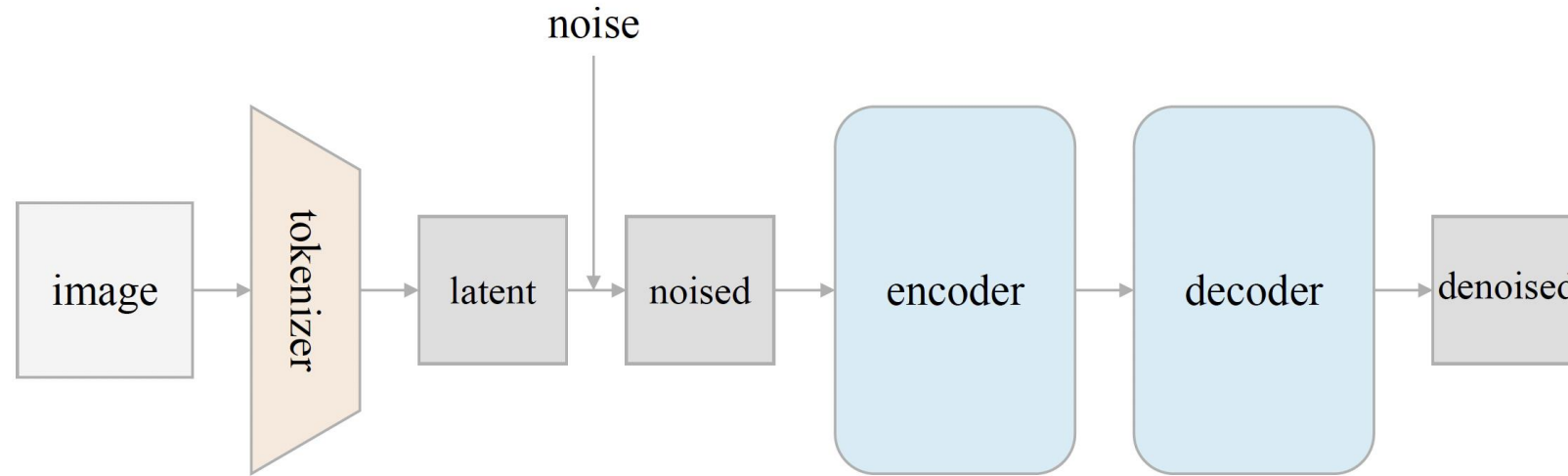
adding noise in the low-dimensional *latent* space is crucial  
l-DAE: drastically closed the gap to existing working paradigms

# Overview of the Deconstructive Journey

1. Initialization: DiT
2. Re-orienting DiT for SSL
3. Deconstructing the tokenizer
4. Toward classical DAE



# 1. Initialization: Diffusion Transformer (DiT)



ImageNet:

Acc ↑	57.5
FID ↓	11.6

significantly better than we expected!

- Transformer blocks for the autoencoder
- Another autoencoder (VQGAN) provides latent token space for denoising
- DiT-L overall, so DiT- $\frac{1}{2}$  L as encoder for linear probing

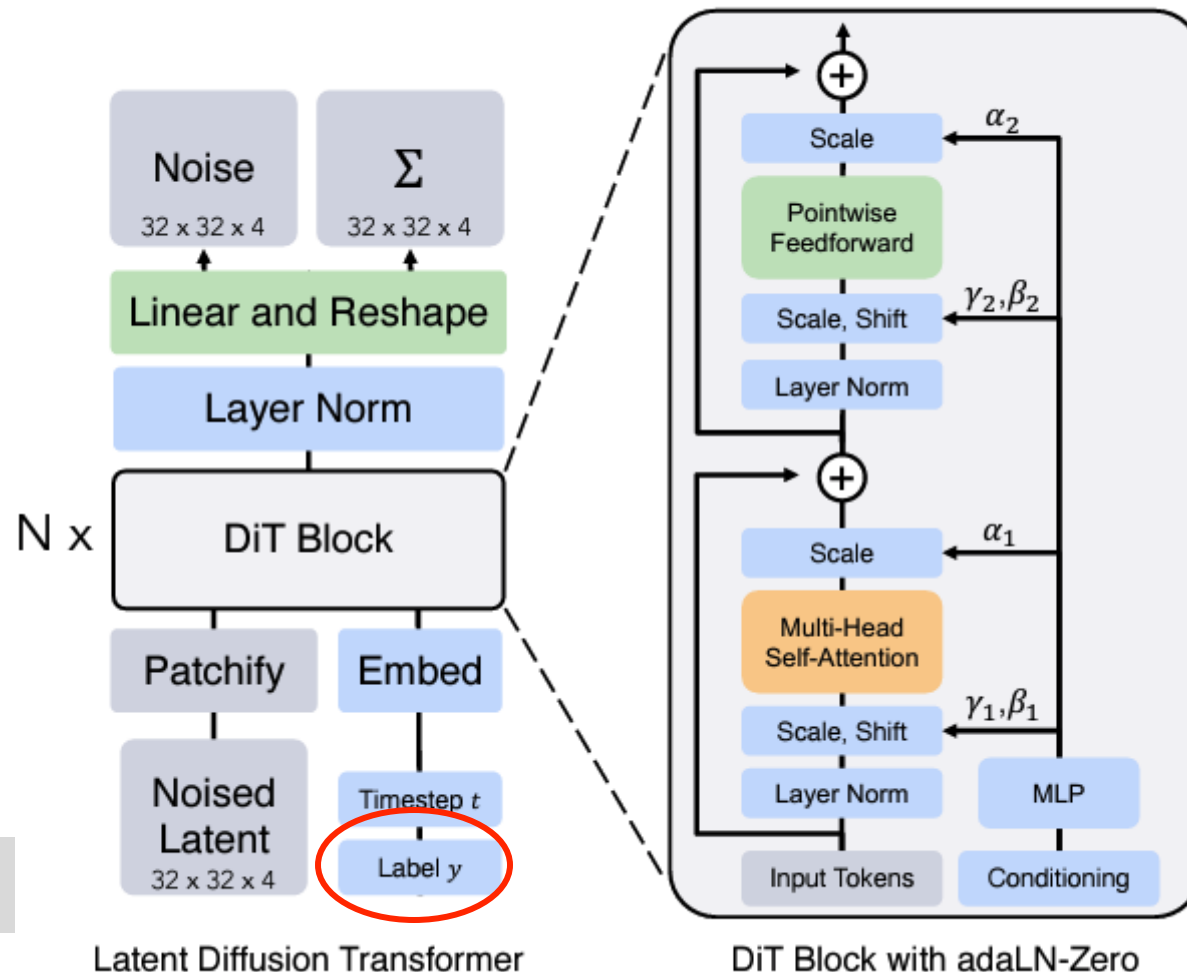
## 2. Re-Orienting DiT for SSL

2a. Remove class-conditioning

Otherwise *not legitimate* SSL

Acc $\uparrow$	57.5 $\rightarrow$ 62.5
FID $\downarrow$	11.6 $\rightarrow$ 30.9

labels causes the model to “cheat”



## 2. Re-Orienting DiT for SSL

2b. Remove LPIPS loss in VQGAN

LPIPS: VGG features to approximate human perceptual similarity

Also *not legitimate* for SSL, as VGG is trained on ImageNet labels

Acc ↑	62.5 → 58.4
FID ↓	30.9 → 54.3

the label information can propagate very far



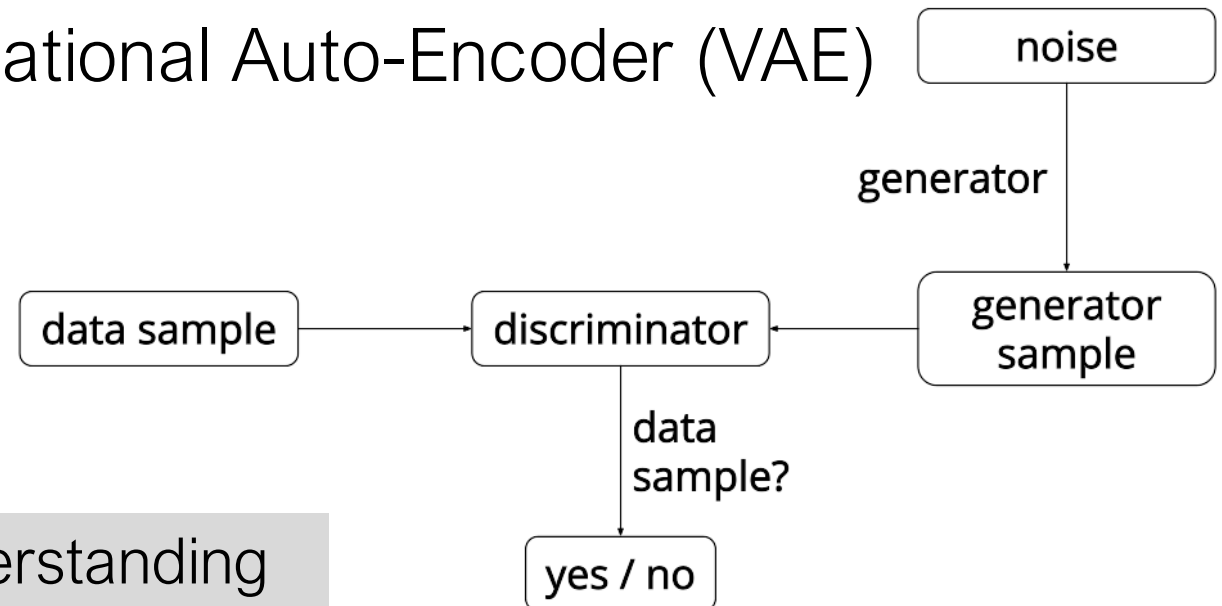
## 2. Re-Orienting DiT for SSL

2c. Remove GAN loss in VQGAN

GAN: Generative Adversarial Network

Afterwards, VQGAN becomes Variational Auto-Encoder (VAE)

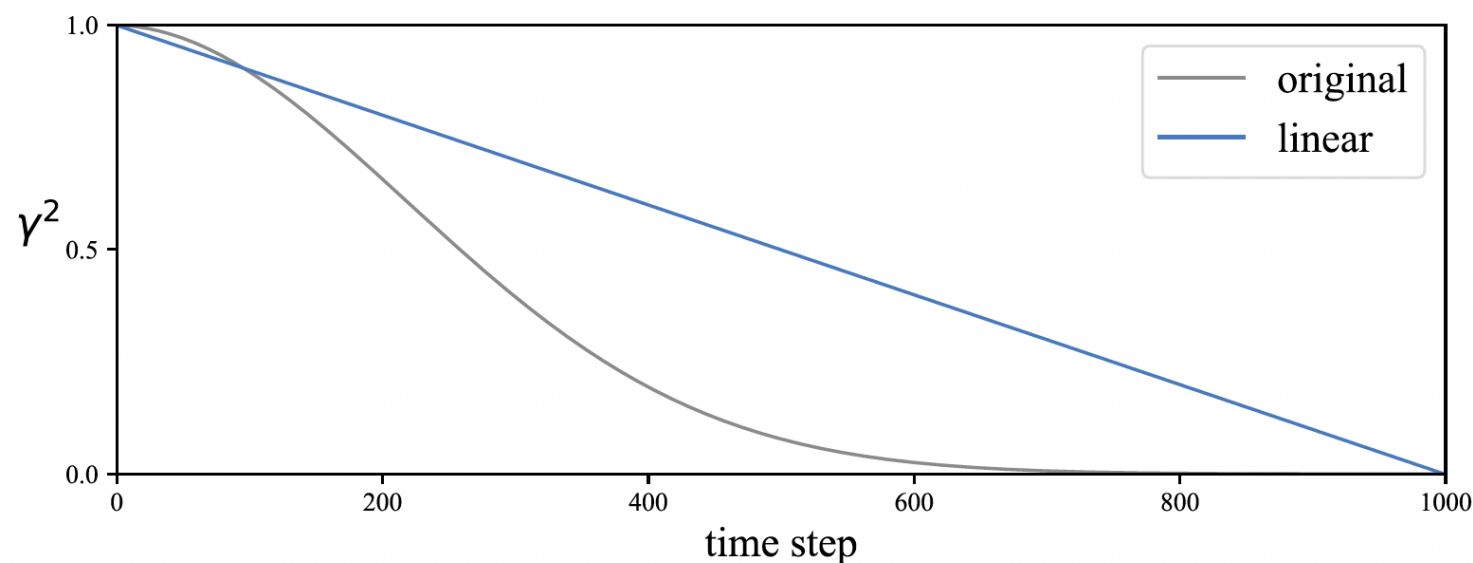
Acc ↑	58.4 → 59.0
FID ↓	54.3 → 75.6



GAN helps generation, but hurts understanding

## 2. Re-Orienting DiT for SSL

2d. Noise schedule change for image understanding



Acc $\uparrow$	59.0 $\rightarrow$ 63.4
FID $\downarrow$	75.6 $\rightarrow$ 93.2

high-noise levels help generation but not understanding

# 3. Deconstructing the Tokenizer

Current tokenizer -- *Convolutional VAE*:

$$\|x - g(f(x))\|^2 + \mathbb{KL}[f(x)|\mathcal{N}]$$

Deconstruct it step-by-step:

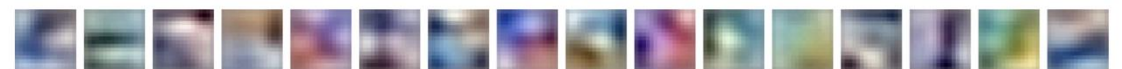
a) *Patch-wise VAE*,  $\|x - U^T Vx\|^2 + \mathbb{KL}[Vx|\mathcal{N}]$

b) *Patch-wise AE*,  $\|x - U^T Vx\|^2$

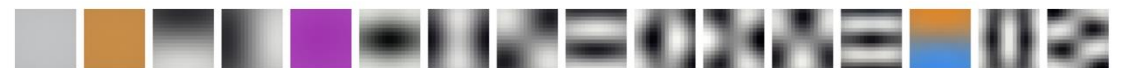
c) *Patch-wise PCA*,  $\|x - V^T Vx\|^2$



(a) patch-wise VAE



(b) patch-wise AE

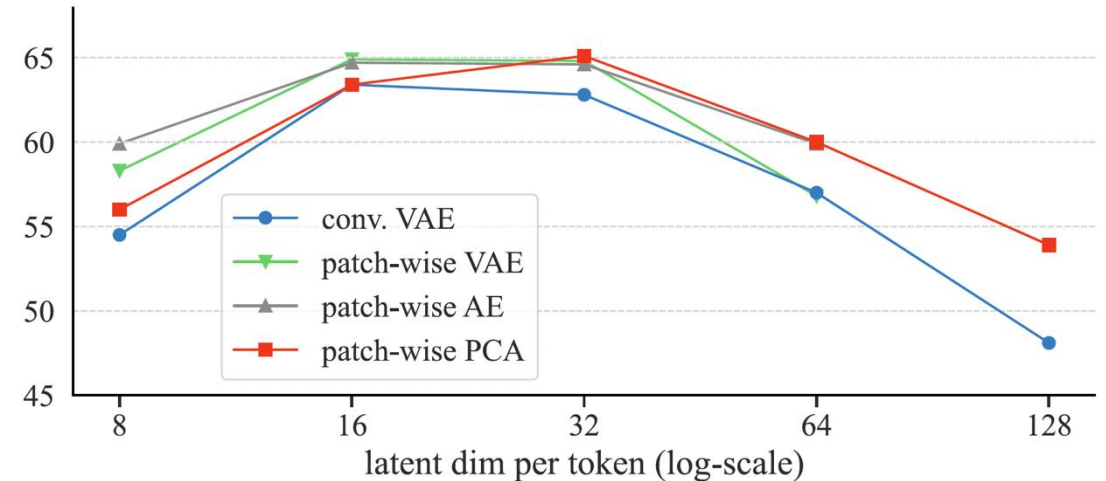


(c) patch-wise PCA



# 3. Deconstructing the Tokenizer

latent dim	8	16	32	64
conv. VAE	54.5	63.4	62.8	57.0
patch-wise VAE	58.3	64.9	64.8	56.8
patch-wise AE	59.9	64.7	64.6	59.9
patch-wise PCA	56.0	63.4	65.1	60.0

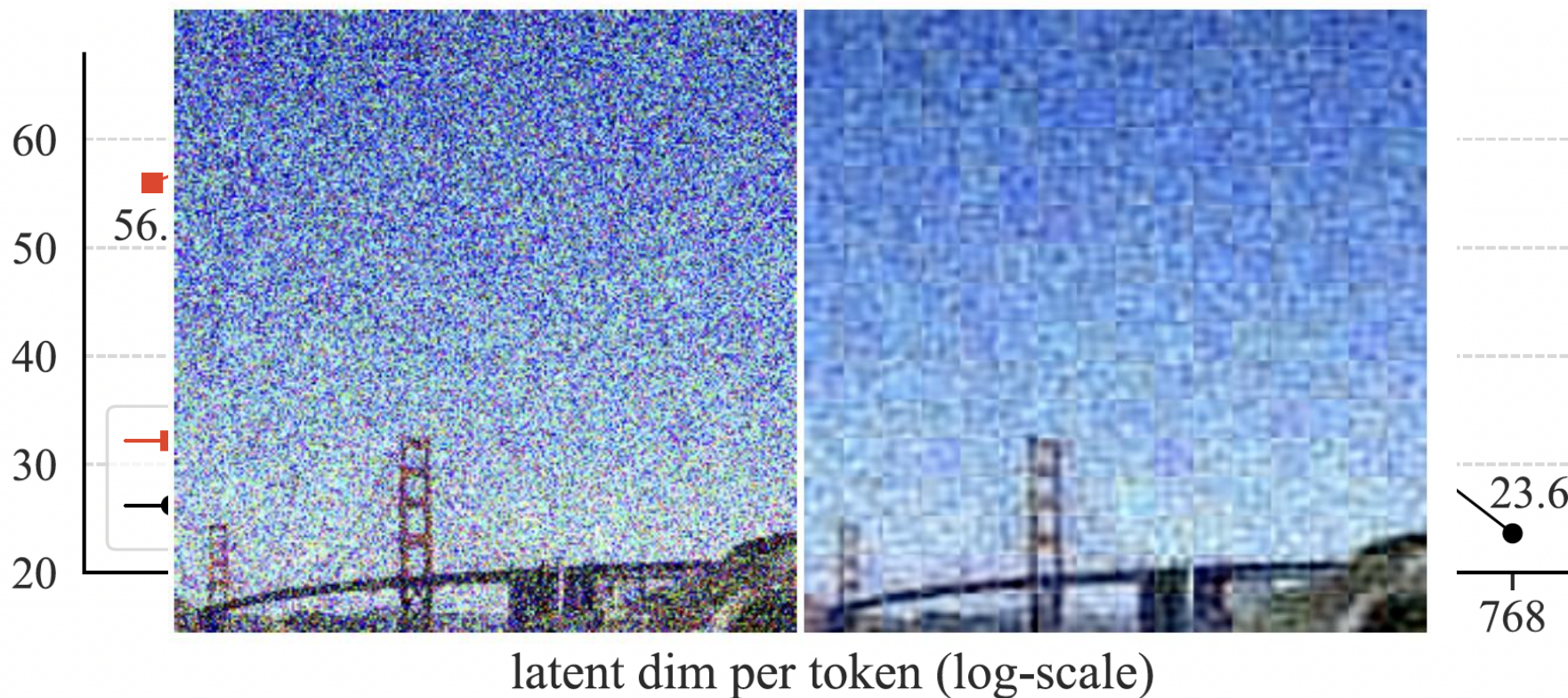


latent dimension of the tokenizer is *crucial*

specific variants of the tokenizer matter much less

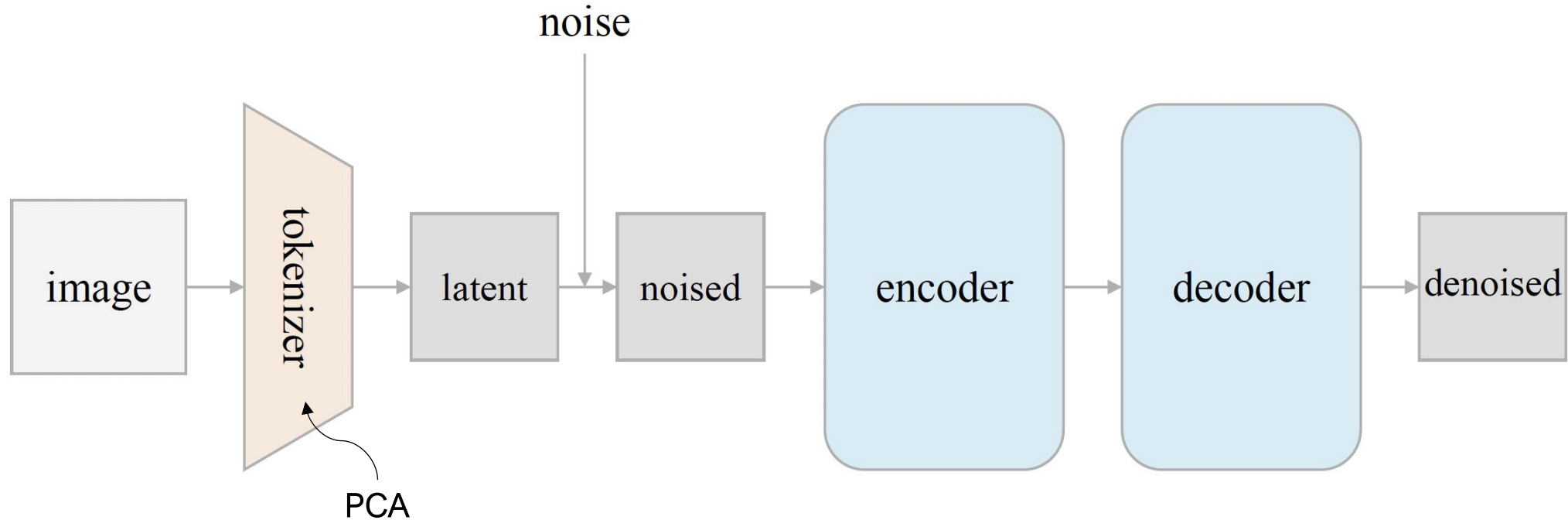
16 or 32 dimensions are about optimal for 16x16 patches

# What About Directly Resizing Patches?



high-resolution, pixel-based DDMs are not great for SSL

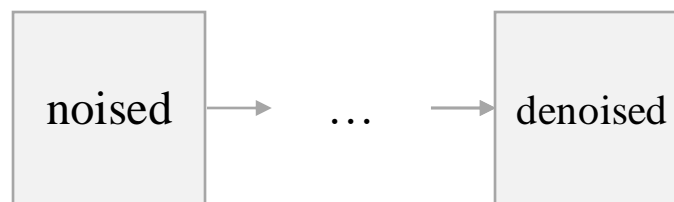
# 4. Toward Classical DAE



After all the deconstructions so far, this old view still holds..

*Can we get as close as possible to a classical DAE?*

# 4. Signal vs. Noise Simplifications



*prev.* Default in DiT

$$\gamma z_0 + \sqrt{1 - \gamma^2} \epsilon$$

$$\epsilon \rightarrow z_0$$

4a. Predict signal, *not* noise

$$\gamma z_0 + \sqrt{1 - \gamma^2} \epsilon$$

$$z_0$$

4b. Remove signal scaling

$$z_0 + \sigma \epsilon$$

$$z_0$$

	Acc
<i>prev.</i>	65.1
4a.	62.4
4b.	63.6

hurts accuracy, but not as crucial as latent noise

# 4. DAE Directly on Pixels

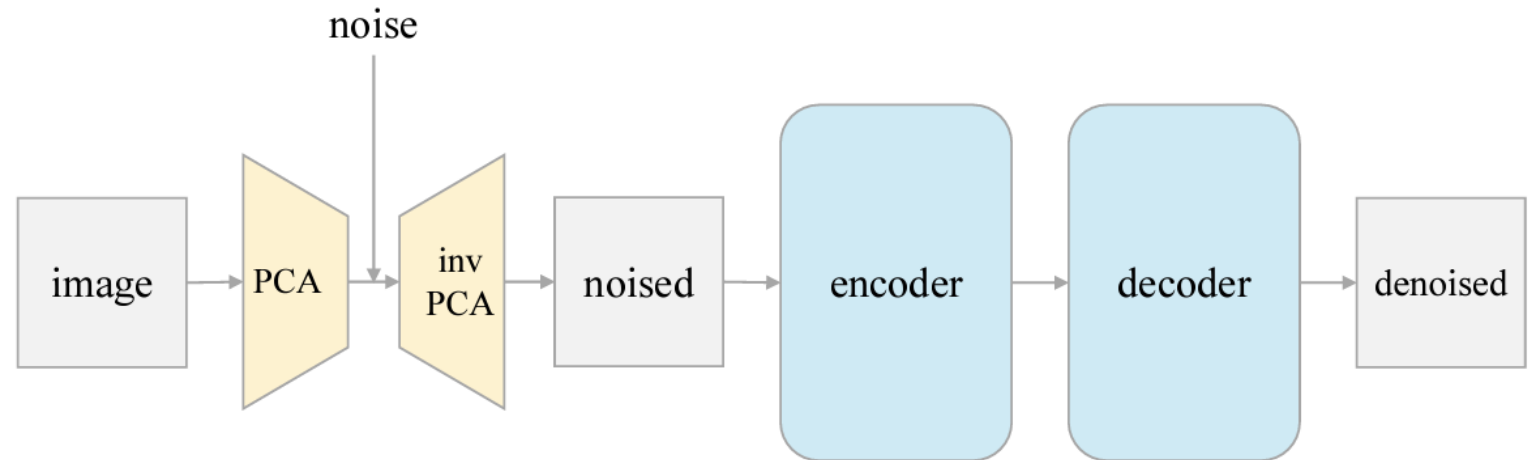
4c. Pixel input with inv. PCA

4d. Pixel output with inv. PCA

4e. Original image as output



	Acc
<i>prev.</i>	63.6
4c. input	63.6
4d. output	63.9
4e. original	64.5

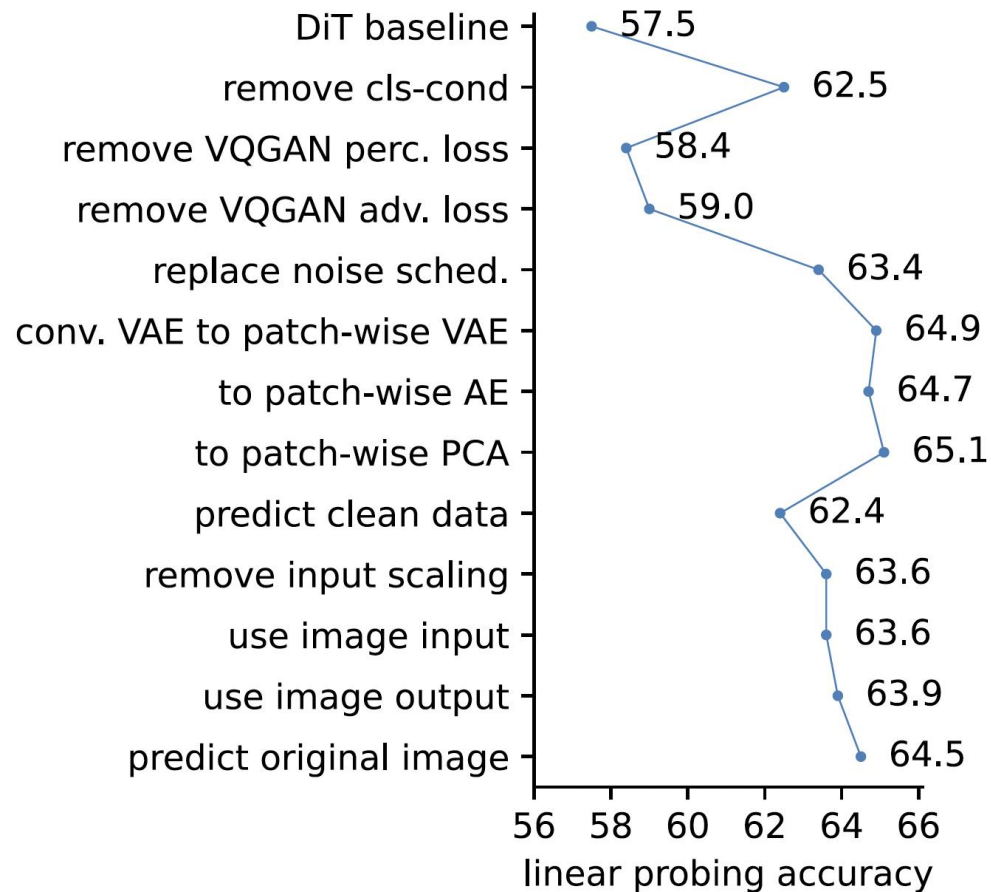


our final I-DAE model



# Summary: the Deconstructive Journey

1. Initialization: DiT
2. Re-orienting DiT for SSL
3. Deconstructing the tokenizer
4. Toward classical DAE







# Quantitative Ablations for *I*-DAE

- Time steps

	multiple	single
Acc ↑	64.5	61.5

a key diffusion design, but not so important for SSL

- Data augmentation

	center crop	random crop
Acc ↑	64.5	65.0

helps especially with longer training

# Scaling Behaviors for *I*-DAE

- Training epoch

	400	800	1600
Acc ↑	65.0	67.5	69.6

- Model size

	ViT-B	ViT- $\frac{1}{2}$ L	ViT-L
Acc ↑	60.3	65.0	70.9

# System-Level Comparison, *Classification*

pre-train	ViT-B	ViT-L
MoCo v3	<b>76.7</b>	<b>77.6</b>
MAE	68.0	75.8
<i>I</i> -DAE	66.6	75.0

Linear Probing

pre-train	ViT-B	ViT-L
MoCo v3	83.2	84.1
MAE	83.6	<b>85.9</b>
<i>I</i> -DAE	<b>83.7</b>	84.7

Fine-Tuning

compared to DAE (20+ linear probe), *I*-DAE drastically closed the gap to MAE

contrastive methods are generally better for linear probing

autoencoders are generally better in fine-tuning



# System-Level Comparison, *Detection*

pre-train	ViT-B		ViT-L	
	AP <sup>box</sup>	AP <sup>mask</sup>	AP <sup>box</sup>	AP <sup>mask</sup>
Supervised	47.6	42.4	49.6	43.8
MAE	51.2	45.5	<b>54.6</b>	<b>48.6</b>
<i>I</i> -DAE	<b>51.6</b>	<b>45.8</b>	54.4	48.2

*I*-DAE outperforms MAE in ViT-B, and significantly over supervised

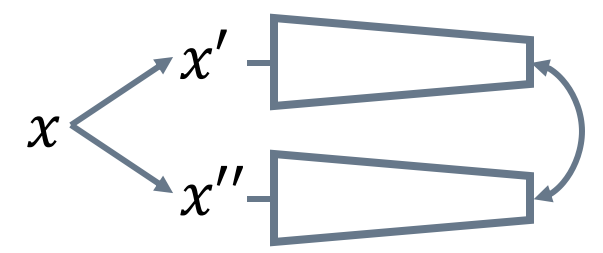


xinleic.xyz

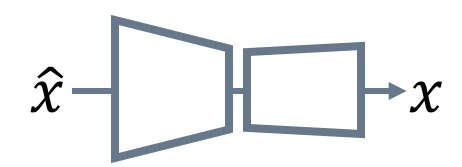
# Denoising Diffusion Models for SSL

- Modern DDMs have reasonably good understandings of images
- More due to *latent Denoising*, and less to Diffusion: *I*-DAE
- *I*-DAE adds a standalone, clean alternative to current SSL methods

- Joint-Encoder



- Auto-Encoder



MAE, *I*-DAE, ...

